



# Webinar Registration Form

## Mental Health During COVID-19: 3 Ways Supervisors Can Support Staff Who Are Struggling Friday, April 16 ~ 1:00-2:00pm (Eastern)

Once the live date has passed, this training will be available on demand.

### Overview

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The COVID-19 pandemic, child care issues, virtual schooling, financial problems, divorce on the rise, too much to do, not enough time... the list can feel endless. It is hard to imagine anyone, especially right now, not struggling with some aspect of their mental health. It is important to remember that this includes the staff that you supervise. This webinar is explicitly designed to help supervisors identify staff who may be struggling to manage everyday life stressors and provide practical strategies supervisors can use to keep staff feeling positive, engaged, and supported.

#### Objectives:

- Understand how their role as a supervisor contributes positively and negatively to a staff member's mental health.
- Identify and recognize signs of distress in their staff members.
- Describe three practical ways they can support staff who are struggling.

### Who Should Attend?

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- Administration
- Human Resources
- Student Services/Affairs
- Any individual or department that is responsible for overseeing staff



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## Speaker(s)

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**Jamie Molnar, LMHC, QS**, has 14 years of clinical and organizational psychology experience, with particular expertise in clinical counseling, coaching, case management, crisis response, and health and wellness initiatives. She earned her B.S. in Psychology from the University of Central Florida and her Masters in Applied Psychology (Clinical) from Murdoch University in Perth, Australia. She is a Licensed Mental Health Counselor, a State of Florida Qualified LMHC Supervisor, and a Gallup-Certified Strengths Coach.

Jamie is an advocate for mental wellness and early intervention. She currently works in clinical practice in St. Petersburg, Florida, provides higher education consulting nationally, and offers online trainings and courses for therapists and wellness professionals. She has worked in a variety of clinical settings but spent the last 5 years in higher education working in both clinical and non-clinical roles in Student Affairs. She has experience in college counseling, wellness outreach initiatives, chairing the BIT team, and designing, implementing, and overseeing case management services. Previously, she was an active member of the Higher Education Case Manager Association's (HECMA) Operations and Strategic Planning Committee, co-authored the 2017 HECMA Member Survey and Analysis Report and provided mentorship to new case managers through the HECMA Mentorship program. Jamie has also served as an affiliated consultant for The NCHERM Group, on the advisory board for the National Behavioral Intervention Team Association (NaBITA) and was an Editor for the National Journal for Behavioral Intervention Teams. She writes and presents regularly on case management and mental health in higher education.



**Erin Halligan-Avery, PhD** has been in the field of Higher Education for 18 years. She earned her B.S. in Psychology from SUNY Oswego, a Masters in Mental Health Counseling from SUNY Brockport, and a PhD in Counselor Education and Supervision from the University of Rochester. Erin is also an Approved Clinical Supervisor and a Nationally Certified Counselor.

While at the University of Rochester Erin was tasked with creating the University's Students of Concern system, currently known as the CARE Network. Over a 4 year period, Erin worked with a dedicated team of staff and students to build what is now a nationally-recognized program for identifying and supporting students in or headed toward distress. Within the first 2 years of its implementation, the rate of CARE Referrals increased 141%. Erin's success in program implementation led to her being asked to serve on the National Behavioral Intervention Team Association (NaBITA) board, which she has done for 6 years.

Currently, Erin is the CEO and Founder of ConcernCenter, Inc., a tech solution that helps individuals access support resources simply by identifying their concern. Erin also works at the Rochester Institute of Technology at the Director of Wellness Programs and Services, overseeing 4 departments associated with Student Wellness.

Bios current as of January, 2021

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## Newsletter



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## Registration Information .....

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|---|----------------|--|---------|
| Print Name  |                | Job Title  |         |
| Institution/Organization  |                |  |         |
| Address   |                |  |         |
| City  | State/Province | Zip/Postal Code  | Country |
| Telephone   | Fax            | Email  |         |
| Innovative Educators Password<br>(Choose a password for our records and future registrations) |                | Assistant's email<br>(For registration confirmations & pre-conference communication) |         |
| How did you hear about this event? (email, listserv, colleague, conference, other) _____      |                |  |         |

## Payment Method .....

You can call us at 303.955.0415 or fax the completed form to 1.866.508.0860. If you would like to mail in the registration form and/or check, please send it to: Innovative Educators, 3277 Carbon Place, Boulder, CO 80301.

Paying by: (select one)    Credit Card    Check    Purchase Order (if applicable) P.O.#: \_\_\_\_\_  
(If you select PO as your payment method, a PO number is required.)

### Credit Card



|                 |  |                |                         |
|-----------------|--|----------------|-------------------------|
| Name on card    |  | Account Number |                         |
| Billing Address | Billing City   | Billing State  | Billing Zip/Postal Code |
| Exp. Date       | Security Code (last 3 digits on the back of Visa and MC) |                |                         |

## Packages & Pricing

### Select your webinar package:

\$425 - 1 webinar (Unlimited connections at your institution and recording for one year)  
\$900 - 3 webinars (Save \$375)

\$1500 - 6 webinars (Save \$1050)  
\$4995 - Purchase Go2Knowledge to receive unlimited access to webinars & recordings for one year (Best Deal!)



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## Login Directions .....

The login directions provide the following information:

- A link and a password for the event.
- A link to test webinar access. Please test your computer prior to the event.
- The date and time of the webinar. Please be sure to reference the time zone converter on the login directions to confirm your event time.
- Audio instructions: You can stream the audio over your computer speakers, but you may want to have a phone available for backup purposes.

You will receive the login directions twice via email. The process is as follows:

- 1 week prior to the live event: You will receive login instructions.
- 1-2 days prior to the event: You will receive a link to the presentation and any additional handouts. Copies can be made for attendees if desired.
- The day of the event: Participants can log in to the IE Webinar 30 minutes prior to the start time. Once logged in, participants can see the PowerPoint slides, ask questions, and make comments via the chat feature.
- Participants are encouraged to save and print the login directions to refer to on the day of the webinar.

You will receive the login directions twice via email. The process is as follows:

- If you registered for a **live webinar**, you will receive a separate email with the login instructions closer to the date.
- If you registered for an **on-demand webinar**, you will receive a separate email with the access instructions typically within 2 business days.
- If you did not receive a separate email with login/access details, **please check your junk/spam email or your promotions folder.**

## Recording Information .....

The Monday following the live event you will receive a link to the recording, it can be forwarded to all faculty and staff for viewing anytime, anywhere.

**Recording Benefits:**

- Share the presentation with other staff members
- Pause presentation for convenient viewing
- Review the presentation after the live event
- Train new hires throughout the year
- Show during an in-service training

## Technical Details .....

Innovative Educators uses Zoom as its web conferencing provider. If you have not previously attended a Zoom event, please click [here](#) to make sure your computer is compatible with Zoom. Be sure to [complete a test](#) prior to the live conference. See system requirements in the login email for more information.

## What equipment is required? .....

An Internet connection, computer speakers, and LCD projector are required if a large group is viewing the presentation. Participants can call in via phone if they are having trouble retrieving the audio over the computer. Please be sure to reserve a meeting room prior to the live event that can accommodate these requirements as well as your attendees. You should reserve the room 30 minutes prior to the webinar start time and allow at least 15-30 minutes after the webinar for discussion.

## Cancellation Policy .....

- 30 days prior: Full refund
- 14 days prior: \$100 processing fee
- Less than 14 days: Credit towards another IE event

## Satisfaction Guaranteed .....

We want you to be satisfied with your purchase. For questions, concerns, or problems, please email [support@ieinfo.org](mailto:support@ieinfo.org) or call 303.955.0415.